

2016-2017



ATHLETIC POLICY

VENUS ISD ATHLETIC POLICY
Student-Athlete Code of Conduct
“No Excuses-do what is right”

PHILOSOPHY

Your high school athletic experience will be one of the high-points of your life. It will be filled with all kinds of great experiences, joyous moments, and frustrations. **HAVE STRENGTH, AS WELL AS THE FAITH, IN THOSE AROUND YOU TO GET THROUGH THE TOUGH TIMES. WE ARE A FAMILY.....DEDICATED TO HELPING ONE ANOTHER!**

Over the course of your playing career at Venus, we as a coaching staff, expect you to adhere to the following ideals in order to become the most balanced individual you can be:

1. Knowledge is Power-Get an education
2. Make right Choices-Go to class, be on time (which is early), plus learn to be unselfish
3. Learn to help yourself
4. Be the best player You can be!
5. Be an unselfish Part of a Great Athletic Program
6. Live a Fulfilling High School Life:
 - a. Academically
 - b. Athletically
 - c. Spiritually
 - d. Socially

Player Expectations

In order to progress into a “first-class championship program,” the coaching staff, as well as the players, need to develop an “attitude” and have a “passion” for whatever we do while a member of the Venus Athletic Family. Because of this, we expect that you become familiar with and adhere to the following:

1. The “Golden Rule”
2. Total commitment to a First Class Championship Program
3. Do not embarrass yourself, your family, your school, and/or your team

Student-Athlete Conduct

- Your academic success, your athletic success, or even the success you attain in life will largely depend on how you react and handle the adversities you encounter. Try and maintain a positive attitude towards life at all times.....tell yourself what you want to do or how you will succeed instead of what you do not want to have happen or how you might fail.
- Because you are a student-athlete, you are sometimes held to a higher standard than the average student. Additionally, you will be looked up to by many people (especially younger kids). Justify this standard and/or pedestal.... be a LEADER at all times....on or off the field/courts.
- We are all working towards the same goal: To have a great athletic program in which EACH MEMBER OF THE PROGRAM contributes in some way, shape, or form. Take PRIDE in everything you do on and off the fields/courts. Be dependable and responsible.
- RESPECT ALL INDIVIDUALS who are affiliated with our program. This includes but is not limited to: coaches, teachers, administrators, parents, athletic trainers, student athletic trainers, managers, and the cheerleaders to name a few.

Discipline

Discipline is the basis of being a sound team and a solid person

A disciplined student-athlete:

- is considerate of others
- knows what to expect of himself/herself at all times and strives to do his/her best at whatever task is at hand
- does not make excuses for his/her mistakes and/or failures
- leads by example
- is not penalized
- does the right thing all of the time, not just some of the time
- gives great effort day-in and day-out, on the field/court as well as off the field/court
- keeps his/her composure in stressful situations
- rises above adversity
- is generally the last person standing

Disciplinary Procedures

The coaching staff, not the players, will determine when there is a breach in our Student-Athlete Code of Conduct. Each situation will be handled different from a standpoint that a first-time offender will not be treated the same as a third-time offender. Additionally, a player who is tardy will not be treated the same as a player caught with illegal substances. With this being said, student-athletes can expect the following procedures to occur when an athletic policy is broken:

- 1st Offense
 - “Extra Duty”
 - Conditioning
 - Equipment
- 2nd Offense
 - Sit out a specified time of an upcoming game
 - Parental contact
- 3rd Offense
 - Sit out more of a specified time of an upcoming game
 - Conference between coaches, corresponding student-athlete, and student-athlete’s parents
- 4th Offense
 - Student-Athlete removed from team

MINOR OFFENSES

The following offenses will be dealt with on an individual basis by the head coach of each sport. Repeated violations of these rules may lead to the suspension or the dismissal of the participant.

- A. Excessive absences from workout
- B. Unexcused absence from workout (after 5 unexcused misses the student-athlete is removed from the sport)
- C. Tardiness
- D. Profanity
- E. Misconduct in class
- F. Inappropriate dress, hair or jewelry
- G. Inappropriate conduct at a school sponsored activity
- H. Equipment damage, misuse, or the loss of equipment
- I. Unsportsmanlike conduct-may result in suspension
- J. Conduct unbecoming of a team player- may result in suspension

MAJOR OFFENSES

The Venus ISD Athletic Policy will follow the Venus ISD Drug Testing Policy. In addition to the Venus ISD Drug Policy and the Venus Student Code of Conduct, the Venus Athletic Department will hold the student-athletes to a higher standard. Any violation listed below will result in a two-week suspension for the first offense and dismissal from the program for the second offense. The two-week period will begin when the student is notified. An Athletic Discipline form will be sent home to the parents. Severe discipline incidents can lead to removal. The dismissal will be for the rest of the school year. Any readmission to the program must be approved by the Superintendent, Principal, and Athletic Director.

- A. Using or being in the presence of illegal drugs or illegally consumed alcohol is prohibited which includes but is not limited to MIP and DWI charges reported to the school by authorities.
- B. Using tobacco products are prohibited
- C. Theft or malicious destruction of any school or individual's equipment or property.
- D. Violent or severe disrespect shown to school officials or other teammates. This could lead to removal from the athletic program.
- E. Any student-athlete charged with a felony crime will be suspended indefinitely until after their trial is over or as soon as they are cleared from wrongdoing. The student-athlete will be allowed back in the program only if it is deemed to be in the best interest of the program or team.

PARTICIPATION

In order for a student-athlete to compete in an athletic program they must be enrolled in the athletic period with the following exceptions:

1. Student-Athletes that only play golf or tennis
2. **Only fourth-year seniors** who must take a course needed for graduation, during the athletic period, may do so. This will only be done for required courses and only if there are no other options. **A student-athlete attending Venus I.S.D. in the spring must participate in the off-season program to play a fall team sport the following year. Fall sports are identified as Volleyball, Football, and Basketball.**

ACADEMICS

We as a coaching staff, pledge to provide each student-athlete with an academic environment comprised of discipline, encouragement, advising, and tutoring that culminates with every student-athlete graduating and moving on to a college, trade/tech school, or career of their choice.

It is the student-athlete's responsibility to:

1. Attend class on a regular basis
2. Complete all assignments
3. Behave responsibly
4. And ultimately pass the class

Attendance, academic progress, and classroom behavior will be monitored on a regular basis by the Venus ISD coaching staff

To be eligible to participate in athletics, you must pass **every** class in a six –weeks grading period. Ineligible athletes may regain their eligibility at the end of the three weeks if they are passing every class at that time. These are all UIL requirements. **A student-athlete will be expected to practice during a period of ineligibility.** Traveling with the team is prohibited by UIL when a student is ineligible.

Eligibility for UIL Participants For The First Six Weeks UIL participants are eligible to participate in contests during the first six weeks of the school year provided the following standards have been met:

- Students beginning grades nine and below must have been promoted from the previous grade prior to the beginning of the current school year.
- Students beginning their second year of high school must have earned five credits which count toward state high school graduation requirements.
- Students beginning their third year of high school either must have earned a total of ten credits which count toward state high school graduation credits or have earned a total of five credits which count toward state high school graduation requirements during the 12 months preceding the first day of the current school year.
- Students beginning their fourth year of high school either must have earned a total of 15 credits which count toward state high school graduation credits or have earned a total of five credits which count toward state high school graduation requirements during the 12 months preceding the first day of the current school year.
- Exceptions: (a) When a migrant student enrolls for the first time during a school year, all criteria cited above applies. All other students who enroll too late to earn a passing grade for a grading period are ineligible. (b) High school students transferring from out-of-state may be eligible the first six weeks of school if they meet the criteria cited above or school officials are able to determine that they would have been eligible if they had remained in the out-of-state school from which they are transferring. Students who are not in compliance with these provisions may request a hardship appeal of their academic eligibility through the UIL state office. Local school boards may elect to adopt these standards for all activities in order to avoid having different standards for student participants (e.g., football, drill team, cheerleading, and all other extracurricular activities as defined by Commissioner of Education rule [19 TAC Chapter §76]).

- Eligibility for All Extracurricular Participants After First Six Weeks of the School Year A student who receives, at the end of any grading period (after the first six weeks of the school year), a grade below 70 in any class (other than an identified class eligible for exemption) or a student with disabilities who fails to meet the standards in the Individual Education Plan (IEP) may not participate in extracurricular activities for three school weeks. An ineligible student may practice or rehearse, however. The student regains eligibility after the seven calendar day waiting period has ended following a grading period or the three school week evaluation period when the principal and teachers determine that he or she has earned a passing grade (70 or above) in all classes, other than those that are exempted. All schools must check grades for all participants at the end of the first six weeks of the school year. From that point, grades are checked at the end of the grading period whether it is six, nine, or twelve weeks in length. Students who pass remain eligible until the end of the next grading period. All activity coaches and directors are responsible for obtaining official grade reports from the individual the principal designates as the keeper of official grades before the student represents the school. This provision applies to all grading periods. It also applies to all three-school week evaluation periods for ineligible students.
- All students are academically eligible during a school holiday of a full calendar week or more. When the bell rings to dismiss students for the December holidays, all students are academically eligible until classes resume in January. The same is true for summer recess and fall and spring breaks provided those breaks consist of at least a full calendar week. (See example at the end of this document.)
- Students in year-round schools are academically eligible during inter-sessions.
- If a grading period or three school week evaluation period ends on the last class day prior to a school holiday of one calendar week or more (e.g. spring break, winter holidays), the seven calendar day grace period to lose eligibility and the seven calendar day waiting period to regain eligibility begin the first day that classes resume.
- Students lose eligibility for a three school week period. For purposes of the law, “three school weeks” is defined as 15 class days. Exception: One, but only one of the three school weeks may consist of only three or four class days, provided school has been dismissed for a scheduled holiday period. Two class days does not constitute a “school week” for purposes of this law except Thanksgiving week if schools are on holiday Wednesday, Thursday and Friday. A school district may request an exception from UIL officials to the two-day school week in the event of a disaster, flood, extreme weather condition or other calamity as listed in TEC §42.005. In the event two of three school weeks are shortened, one of the Academic Requirements (No Pass No Play) Academic Requirements (No Pass No Play) 3 Academic Requirements (No Pass No Play) 4 shortened weeks may be counted as five days with ten other actual class days making up the fifteen class days. After the first six weeks of the school year, academically ineligible students in schools with six week grading periods have one opportunity to regain eligibility after the first three school weeks of the grading period; students in a nine week grading period have two opportunities, one at the end of the first three school weeks and one at the end of the first six school weeks. Students who fail to regain eligibility at the evaluation periods remain ineligible until seven calendar days after passing a grading period.
- Note: When computing eligibility calendars, it is helpful to remember that the seven-day grace period after the grading period also contains school week one of the three school week evaluation period. Also, a seven calendar day grace and waiting period is always applicable after grading periods and evaluation periods. Example: School week ends on Friday - Students who are losing eligibility have a seven calendar day grace period, and students who are regaining eligibility have a seven calendar day waiting period. Eligibility is lost or regained the following Friday at the time the regular school day ends or would end if that day is a holiday. Section 5 (b) of the UIL Constitution and Contest Rules defines calendar week as 12:01 am on Sunday through midnight on Saturday. 19 TAC §76.1001 (b) states: The school week is defined as beginning at 12:01 am on the first instructional day of the calendar week and ending at the close of instruction on the last instructional day of the calendar week, excluding holidays.

TRAVEL

Whenever our teams are in attendance at a public, school, or social function; or is traveling, the coaching staff expects everyone to dress and conduct themselves appropriately. We are leaders of the school so portray that image wherever you are...take PRIDE in yourself and our program. When we travel we are traveling for one reason: to represent Venus by playing to the best of our ability. Additionally:

- You will receive a detailed itinerary of our trip in advance
- This is a “business trip” so TAKE CARE OF YOUR BUSINESS
- Our transportation will not wait for anyone so be on time (early)
- You will ride on the team bus to and from the site of competition
 - If you are leaving with your parents after a contest you must have a release form signed and in possession of your designated coach
- You are generally at a disadvantage when on the road, so stay focused

DRESS CODE

Student-Athletes should refer to the VISD and VHS Student Code of Conduct. Dress code for practice attire and game day attire will be set by each head coach with their specific rules and policies.

ATTENDANCE

School day attendance procedures will follow the VHS/VMS handbook (see pages 16-20). If you are absent from school, you are not allowed to participate in that day’s practice or contest. The exception to this rule is any excused absence that has been cleared beforehand. For example, (orthodontist appointment).

Daily Practice Procedures

“Discipline yourself like a CHAMPION!”

- You **MUST** be at practice in order to play. If you are going to miss for any reason it is your responsibility to notify your coach. This notification **DOES NOT INCLUDE TELLING ANOTHER TEAMMATE TO TELL THE COACH. IF YOU TEXT THE COACH THEN THERE MUST BE A RESPONSE FROM THE TEXT OTHERWISE YOU NEED TO CALL OR SEE YOUR COACH IN PERSON.**
- Check your sports designated area for the daily plan you will be held accountable for its content
- Be on-time (early) to all practices and/or meetings. Your team’s schedule does not revolve around you. Plan your personal schedule (taping, treatments, socializing, etc.) so that you are in the appropriate place at the appropriate time. Additionally, be prepared accordingly (practice-equipment, meetings-pencil/paper).
- Practice is our preparation for winning. The Venus Athletic Program believes in the following motto: “*Plan your work and work your plan.*” In other words, once you walk through the locker room doors, there should only be one thing on your mind and that is your performance. You play how you practice so if you do not or will not practice hard; you probably do not want to or will not play hard.

- Enjoy practice but not at the expense of your teammates. Practice is for improvement, not recreation.
- Be open to constructive criticism...listen and learn from others
- We expect a business like attitude in practice. There is no time for horseplay.

PLAYING TIME

If you or your parents have a question about playing time you must set an appointment to meet with your coach. Coaches will not talk about your playing time or what happened in a contest in the first 24 hours after a contest. This is called the “cooling off period”. During your conference with your coach the topic will only be about your concern and the coach will not respond to any questions or statements about other players on your team.

Sub-Varsity Philosophy – We want to develop players first, but we still want to win. Every attempt will be made to provide all players with an opportunity to play.

Varsity-the team goal is to be competitive and win. The coach will do what he/she thinks is best and playing time is not guaranteed.

Please remember that any student-athlete may be disciplined by loss of playing time.

DRESSING OUT

All student-athletes will be expected to dress out in Venus issued equipment on a daily basis. Student-Athletes that are injured will be required to attend practice and participate in their required rehabilitation. All student-athletes will be given lockers and a clean place to dress. **Valuables should be locked up for safekeeping.**

UNIFORMS

Uniforms will be provided by the Venus Athletic Program for each sport. Each student-athlete will be issued a uniform and other game day equipment. It is the responsibility of the student-athlete to follow the guidelines and procedures put in place by the head coach of each sport in the care and maintenance of all game day uniforms and equipment. If the uniform or other game day equipment become lost or damaged the student-athlete will be held financially responsible for replacing the lost or damaged uniform or game day equipment. Please be aware and know that replacement cost is always more expensive than when the district buys uniforms or game day equipment in bulk.

COLLEGE RECRUITMENT POLICY

Some student-athletes may be given the opportunity to participate in college athletics if they show outstanding talent, maintain a high academic standard, and perform with first-class behavior. These are ingredients that all college recruiters are looking for in today's student-athlete.

Colleges and Universities decide whom they will recruit. Your high school coaches can only recommend. We will do all we can for those student-athletes who express a desire to play college athletics, but your performance in the three areas mentioned above will be the deciding factor.

As a student-athlete you will be expected to inform your coach if a college recruiter personally contacts you. It is the recruiter's obligation to work through your high school coach. This enables the coach to understand the situation and work to the student-athlete's best interest.

Student-athletes must take ACT and SAT tests before their senior year. Every college recruiter must have these scores before any scholarship can be offered. Players must also sign up for the NCAA clearinghouse if they desire to be recruited by a NCAA school. If the student-athlete is being recruited by the NAIA then they must sign up for the NAIA clearinghouse. Due to the differences in time lines for each sport and recruiting head coaches will provide student-athletes with information about their sport and the timelines.

MULTIPLE EXTRA-CURRICULAR ACTIVITIES

A student-athlete who attempts to participate in many extra-curricular activities must communicate to coaches their intentions

We recognize that each student-athlete should have the opportunity for a broad range of experiences in the area of extra-curricular activities, and to this end, we will attempt to schedule events in a manner so as to minimize conflicts. When conflicts do arise, the coaches and sponsors will get together and work out a solution so the student-athlete will not be caught in the middle.

SUSPENSION FROM SCHOOL/ALTERNATE EDUCATION PLACEMENT

If a student-athlete is suspended from school for any reason, he/she will be ineligible for athletics the day of suspension (see ISS Policy). Suspension will also include DAEP placement. Suspension will be treated as an unexcused absence. A third suspension during the same school year **will** result in total expulsion from athletics from the rest of the school year.

CLUB OR NON-SCHOOL SPORTS

If a student-athlete chooses to participate in a club or non-school sport, he/she must realize that this sport is an outside activity and not part of the Venus Athletic Program. Therefore, no loss of UIL practice or game time will be allowed, to participate in club sports unless prior permission of the head coach of that sport has been granted.

IN-SCHOOL SUSPENSION

If a student-athlete is assigned to ISS, the absence during the athletic period will be considered unexcused and an athletic discipline make-up will occur. The student-athlete will be ineligible for five consecutive days (Football one game, Track, Tennis, Golf, Cross Country, and Powerlifting one meet Volleyball, Basketball, Baseball, Softball, and Soccer two games). During any ISS placement the student-athlete is still required to practice and attend games with the team. Upon the third ISS placement in the school year a parent meeting will be conducted to address the repeat behavior. Possible consequences for habitual ISS placement could include suspension from athletics to possible expulsion from athletics.

DISRESPECT TO TEACHERS, COACHES, OR OTHER SCHOOL PERSONNEL

Any act of disrespect by a student-athlete to his/her teacher, coach, or other school personnel or administration will be handled aggressively by the athletic staff. Depending on the severity of the situation, the discipline may include expulsion from athletics. The Athletic Director must approve expulsion from athletics. The Athletic Director **will remove** an athlete for a calendar year for any severe and profane outbursts towards a coach

THEFT

Taking things from other student-athletes, the school, etc. will not be tolerated. Law enforcement officers may be contacted and charges filed. The student-athlete may be suspended from athletics from the rest of the school year.

INJURIES

Student-athletes must notify a coach or athletic trainer of any injury when it happens or before leaving a practice or game. This can prevent minor injuries from becoming major injuries. When an injury prevents a student-athlete from returning to their sport for competition it will then become the student-athlete's responsibility to complete their required rehabilitation by working in conjunction with the doctors and the athletic trainer. Your return to play protocol will be strictly followed. The Venus Athletic Trainer and Doctors have the final word on when a student-athlete may return to play. **COACHES DO NOT MAKE THIS DECISION.**

- If you injured, see the Athletic Trainer **BEFORE** you see a doctor. The Athletic Trainer can get you into the correct doctor for your injury faster.
- If you miss a practice due to injury or illness, only the Athletic Trainer can tell you that it is ok to miss practice. If you miss practice without the Athletic Trainer's permission, it is an unexcused absence from practice and will be handled as a discipline issue.
- While seeing a doctor or physical therapist for an injury we highly recommend that you include the Athletic Trainer on the HIPPA form so that the Athletic Trainer can work with the doctor or the physical therapist during your rehabilitation. (If the Athletic Trainer is not listed on this form they will not be able to work with your medical professionals).
- Student-Athletes that are sent to the Athletic Trainer for evaluation of an injury will be seen after all in-season practices have started for the day.
- During hot practices, if you become dizzy, nauseated, or a bad headache, see the Athletic Trainer or coach immediately.

- If the coaches receive a parent note excusing the student-athlete from a workout, practice, or competition the coach will refer the student-athlete to the Athletic trainer or school Nurse for further evaluation.

(For example: A parent note excusing the student-athlete because they are sick. The coaches will send them to the Nurse or Athletic Trainer for an evaluation. The Nurse or the Athletic Trainer will determine if the.....)

INSURANCE

VENUS ISD REQUIRES all student-athletes to be covered by a health insurance policy. A proof of insurance document will be provided in the athletic paperwork. You must provide proof of insurance before you will be cleared to participate in a practice or game. Venus ISD does purchase secondary accident insurance to cover injuries incurred by your student-athlete in Venus ISD Athletics. Under state law, school districts are not liable for accidents which occur in schools. The school is not responsible for medical payments or bills for students.

QUITTING

There will be tough times in practice, in athletic contests, and life in general but we must never give up. A student-athlete is considered committed to the sport after the **first game has been played**. If a student-athlete decides to quit, he/she will be give a 24 hour cooling off period. If after that time, he/she still wishes to quit, he/she will forfeit their opportunity to letter in that sport for the school year. The student-athlete will not be allowed to practice or participate in another sport until the sport they quit is over for the season.

(For example: the student-athlete quits football and wants to play basketball. They will not be allowed to participate in basketball until the football season has ended, including playoffs).

If a student-athlete quits a certain sport and desires to participate in another sport, he/she must meet the requirements listed for re-entry.

Dismissal from a Team

The Venus athletic philosophy will be based on full participation by all student-athletes. It is our desire to see every student-athlete succeed in athletics and life. If there ever is a time that a student-athlete becomes a detriment to the team they will risk being dismissed from that team. Every effort will be given to save the student-athlete. However, there may become a time to remove the student-athlete from the program. The **TEAM** will always come before the individual.

RE-ENTRY TO ATHLETIC PROGRAM/QUITTING

A suspension for alcohol and drugs will follow the VISD drug testing policy. A student-athlete that wishes to rejoin the athlete program must complete the following steps.

1. Inform the Athletic Director and appropriate coach of your intention.
2. A student-athlete that quits two sports in a school year will be removed from the Athletic Program for a calendar year. An athlete that quits one-sport cannot practice or participate in the next sport until that sport is fully finished, and has had a conference with both coaches.
3. After a major offense, the Superintendent, the Principal, and the Athletic Director must approve readmission to the program.

LETTERING POLICY

A student-athlete can letter in athletics according to the requirements listed below:

1. The standards for lettering in all sports shall be developed by the superintendent, athletic director, and the head coaches.
2. Venus ISD will only buy one letter jacket for each student-athlete during their 4 years of high school

Football: A student-athlete will letter in football after meeting the following requirements

- Play in 16 Varsity quarters (equivalent to 4 games)
- Complete the season as a member of Bulldog Football
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Volleyball: A student-athlete will letter in volleyball after meeting the following requirements

- Must compete in volleyball on the varsity level
- Must participate in 50% of all games, one half in district
- Complete the season as a member of Bulldog Volleyball
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Cross Country: A student-athlete will letter in cross country after meeting the following requirements

- Must compete in cross country on the varsity level
- Place in the top 25% at the district meet
- Complete the season as a member of Bulldog Cross Country
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Basketball: A student-athlete will letter in basketball after meeting the following requirements

- Must compete in basketball on the varsity level
- Must participate in 50% of all games, one half in district
- Complete the season as a member of Bulldog Basketball
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Baseball: A student-athlete will letter in baseball after meeting the following requirements

- Must compete in baseball on the varsity level
- Must participate in 50% of all games, one half in district
- Complete the season as a member of Bulldog Baseball
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Softball: A student-athlete will letter in softball after meeting the following requirements

- Must compete in softball on the varsity level
- Must participate in 50% of all games, one half in district
- Complete the season as a member of Bulldog Softball
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Tennis: A student-athlete will letter in tennis after meeting the following requirements

- Must compete in tennis on the varsity level
- Must place first, second, or third in a major meet or place in the district meet
- Complete the season as a member of Bulldog Tennis
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Golf: A student-athlete will letter in golf after meeting the following requirements

- Must participate in 50% of all varsity tournaments
- Must participate in the district tournament
- Complete the season as a member of Bulldog Golf
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Track: A student-athlete will letter in track after meeting the following requirements

- Must compete in track on the varsity level
- Must place first, second, or third in a major meet or place in the district meet
- Complete the season as a member of Bulldog Track
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Soccer: A student-athlete will letter in soccer after meeting the following requirements

- Must compete in volleyball on the varsity level
- Must participate in 50% of all games, one half in district
- Complete the season as a member of Bulldog Soccer
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Athletic Trainers: A student-athlete will letter in athletic training or manager after meeting the following requirements

- must have worked for two years to receive a letter jacket
- must have completed the two years in good standing
- must work at least one year of varsity football
- must work at least one year of a varsity girls sport
- Pass all classes at the 6-week and 9-week UIL grade check dates

Powerlifting: A student-athlete will letter in powerlifting after meeting the following requirements

- must participate in a minimum of 50% of all tournaments, plus the varsity district meet.
- Complete the season as a member of Bulldog Powerlifting
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

Team Managers: A team manager will letter as a team manager after meeting the following guidelines

- must serve as a team manager for 2 seasons in a particular sport, one year which **MUST** be as a manager for a varsity sports.
- Pass all classes at the 6-week and 9-week UIL grade check dates
- Seniors who do not meet the above requirements may earn a letter based upon attitude and work ethic upon review of the head coach and the athletic director

**STUDENT / PARENT ACKNOWLEDGEMENT
2016-2017**

24 hour cooling off period

After a contest or practice people can be at a heightened state of emotions. If during the contest or practice an issue or concern has surfaced, please allow 24 hours before scheduling an appointment with the coach to discuss the issue or concern.

Guidelines for student-athlete issues or concerns:

- 1. Please adhere to the 24 hour cooling off period.**
- 2. The student-athlete should set up a time to talk to with the coach about the issue or concern.**
- 3. If there is a continued issue or concern, then the student-athlete should set a time to talk to the head coach of the sport.**
- 4. If there is a continued issue or concern the student-athlete should set up a time to talk with the Athletic Director.**

Guidelines for parent concerns dealing with their student-athlete:

- 1. Please adhere to the 24 hour cooling off period**
- 2. The parents should set up a time to meet with the student-athletes direct coach.**
- 3. If there is a continued issue or concern, then the parents should set up a time to meet with the head coach of the sport.**
- 4. If there is still a continued issue or concern, then the parent should set up a time to meet with the Athletic Director.**

If at any point the issue or concern is illegal, immoral, or unethical please contact the Athletic Director immediately.

STUDENTS SIGNATURE _____

As a parent or guardian, (please check one and sign)

I would like to receive a paper copy of the Athletic Policy. _____

I choose to receive a copy of the Athletic Policy on-line _____

I will make every attempt to enable my child to adhere to this policy and succeed.

Please sign below and return only the last page to your son or daughter's coach. You can keep the policy for your records.

PARENT/GUARDIAN SIGNATURE _____

DATE _____